

IT DOESN'T HAPPEN OVERNIGHT

The 3/3/3 rule is a general guideline for the adjustment period of a dog after adoption. Every dog is unique and will adjust differently.



3 DAYS TO DECOMPRESS

- Feeling overwhelmed
- May feel scared/unsure of what's going on
- Not comfortable enough to be themselves
- May not want to eat or drink
- Shuts down and/or hides under furniture
- Tests boundaries



3 WEEKS TO LEARN ROUTINES

- Starts settling in
- Feels more comfortable
- Realizes this could be their forever home
- Figures out environment
- Gets into a routine
- Lets their guard down and shows personality
- Behavior issues may start to appear



3 MONTHS TO START TO FEEL AT HOME

- Finally feels fully comfortable in new home
- Begins to build trust and a true bond
- Gains a complete sense of security with their new family
- Sets into a routine

GIVE THEM A CHANCE!